



Bluefish Swim Club

C & C Swimming, Inc.

P.O. Box 726 Attleboro, MA. 02703

Bluefish Office: 508-455-2791 Bluefish Fax: 508-455-2792

Raynham Office 508-823-1913 Website: <http://bluefishswimclub.com/>

E-mail: Christie: abfswimsccc@yahoo.com or Darlene : Lccdarlene@aol.com

Cell Phone: Chuck 617-678-0964 or Christie 617-448-0777

Bluefish Swim School Class Schedule Winter II 2010

RAC Winter II 2010 Schedule: Feb 23rd-April 11th

Closed Holidays:

New Members ONLY: \$7 Registration Fee

Once a week: \$80, Level 3&4, \$110

Twice a week: \$140, Level 3&4 , \$200 (receive \$20 off 2nd class)

Premium Classes: Private (one child)\$175 weeks once a week, Semi Private \$140 per child

Discounts: Only one discount applies per family: 3 or more in program = 10%; 4 in program = 20%

Make Up Days:

Registration Days: Sat Feb 13th 9-11am, Wed Feb 17th noon to 1pm, Thur Feb 18th 5-6:30pm, Sat Feb 20th 9-11am

Morning Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Saturday
9:00am	Three Fish				One Fish, Two Fish, Level 2 Level 4 (845-9:30)
9:30am	Two Fish	Three Fish	Three Fish	Three Fish	One Fish, Three Fish, Level 1, Level 3(9:30-10:15)
10:00am	Parent/Child	One Fish	Parent Child	One Fish	Parent/Child, One Fish, Two Fish, Level 4(10:15-11am)
10:30am	One Fish	Two Fish	Two Fish	Two Fish	One Fish, Level 1,Level 2
11:00am		One Fish	One Fish	One Fish	One Fish, Two Fish, Three Fish, Level 3(11-11:45am)

Afternoon Schedule

TIME	Monday	Tuesday	Wednesday	Thursday
3:00	** Premium Lesson (1)	** Premium Lesson (1)		** Premium Lesson(1)
3:30pm	Level 3 3:30-4:15	** Premium Lesson(1)	** Premium(1)	Premium Lesson(1)
4:00pm	Three Fish, 1 fish Level 4 (4:15-5:00pm)	Level 1, Level 2,	One Fish, Two Fish Level 4 (4:15-5:00)	Level 1 Level 3 (4:00-4:45pm)
4:30pm	Level 2, Two Fish	Three Fish, Level 3 (4:30-5:15)	Level 2, Level 1	Three Fish,
5:00pm	Level 1, One Fish Three Fish	Parent Child Level 4 (5:15-6)	Two Fish, One Fish Level 3 5-5:45	Two Fish, Level 4 (4:45-5:30pm)
5:30pm	** Premium Lesson (2) One Fish	Two Fish	Three Fish, Level 2	Level 2, One fish
6:00pm	** Premium Lesson (2) Two Fish	One Fish/Level 2	** Premium Lesson (2)	Two Fish, Three Fish
6:30	** Premium Lesson (1)	** Premium Lesson(1)	** Premium Lesson (1)	** Premium Lesson(1)



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Registration Information Winter II 2010 RAYNHAM ATHLETIC CLUB

Winter II 2010 Session will run for 7 weeks from Feb 23rd-April 11th Cost for 30 minute classes \$80, 45 minute classes \$110. ADD 2nd day – SAVE \$20. Twice a week for 30 minute classes, \$140, 45 minute classes, \$200.

***Please make checks payable to **C & C Swimming, Inc.** and mail to PO Box 726 Attleboro MA 02703. ***

TO REGISTER: Visit our website, <http://www.bluefishswimclub.com/>, and register **ON LINE**. Please click “Register Here” button upper right corner. If you do not have a computer, please come to one of the registration days below and our staff will assist you. If you have any questions, e-mail us at Lccdarlene@aol.com, abfswimsccc@yahoo.com or call the Bluefish Raynham office phone at 508-823-1913.

REGISTRATION DAYS: : Sat Feb 13th 9-11am, Wed Feb 17th noon to 1pm, Thur Feb 18th 5-6:30pm,
Sat Feb 20th 9-11am

MAKE UP DAYS Make up days will be added to the schedule in the event that Bluefish cancel lessons due to weather or pool/equipment malfunction. **No make-ups or refunds will be available for missed classes.**

WEATHER CANCELATIONS: We do cancel for severe weather (such as snow storms) that creates unsafe driving conditions. Please call the RAYNHAM office and the voicemail will indicate whether class has been canceled.

NEW PREMIUM CLASSES

In addition to group lessons, Bluefish Swim Club is now offering Premium Swim Lessons! Premium Swim lessons consist of 1 child (private) or 2 children (semi private) in a lesson. If combining children in a semi private lesson, best results if children are at same or similar ability/skill set. Cost for 7 week session: 1 Child (Private) \$175; 2 Children (Semi Private) \$140 per child.

CLASS LEVELS:

Children 12 months to 3 years old:

- **Parent/Child** Classes

Children from 3-6 years old:

- **ONE FISH:** Intro to basic breathing drills, blowing bubbles, floating & kicking.
- **TWO FISH:** Emphasis on kicking, breathing and self-propulsion.
- **THREE FISH:** Intro to rotary breathing, freestyle and backstroke. Children from 6 years and older:
- **LEVEL 1:** Learning floating, kicking and basic breathing drills.
- **LEVEL 2:** Intro to rotary breathing, freestyle and backstroke.
- **LEVEL 3:** Continued development of freestyle and backstroke. Learning to swim 50 yards of either stroke. Emphasis on mastery of rotary breathing.
- **LEVEL 4:** Development of all four competitive strokes – freestyle, backstroke, breaststroke and butterfly. Intro to flip turns and racing dives. When children graduate from this class they will be invited to join our beginning competitive swim team the Goldfish Group.